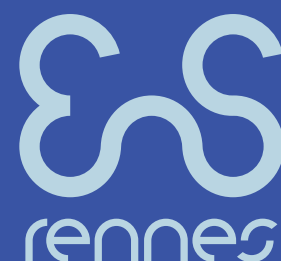


Welcome guide for foreign students



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Welcome to the École normale supérieure de Rennes!

This guide was drafted by the International Relations Department to help foreign students on their arrival at ENS Rennes. It will provide information on finalising your enrollment, carrying out administrative procedures, settling in Rennes and discovering the ENS Rennes environment.

ENS Rennes is situated on the wooded grounds of Ker Lann campus in the municipality of Bruz, on the outskirts of Rennes. ENS Rennes is a prestigious educational establishment that specialises in preparing young students for careers in higher education, research and innovation, by joining forces with the top local and national laboratories in various fields.

As a foreign student, we provide you with customised administrative support, French language courses adapted to your level, access to summer language schools to prepare for the academic year and on-campus residence.

The International Relations office of ENS Rennes works in close cooperation with the Centre for International Mobility of Rennes to ensure a warm welcome for students.

Discover the Welcome Guide for Foreign Students, published by the CMI at:

<https://cmirennnes.u-bretagne-normandie.fr/>



CONTACT

International Relations Department
Head : Deborah France-Piquet
Office RO52
Tel.: +33 (0)2 99 05 93 00
Email: sri@ens-rennes.fr

Admissions

As a foreign student, there are several admission routes into ENS Rennes:

- International students (non-EU) preparing a Master's Degree or a PhD as part of a specific funding programme (Eiffel scholarship, AUF, PROSFER, EGIDE, ERASMUS+),
- International students (EU and non-EU) preparing a PhD under joint supervision,
- A visiting non-degree student (EU) or exchange student (Erasmus+),
- International students (EU and non-EU) who have passed the normalien competitive examination.

The status of normalien means that the student signs a 10-year contract with the State, which includes the four years of study at ENS Rennes. During these four years, the normalien students (French and European) are paid a monthly salary by the State. Non-EU normalien students receive a monthly grant of €1,000 from the ENS Rennes for a period of three years (third year of the Bachelor's Degree and the first and second years of the Master's Degree).

Contact the International Relations Department for further information and the application form.

Enrollment

> Administrative enrollment

Administrative enrollment takes place at the student welfare office (bureau de scolarité) at ENS Rennes.

If you are enrolling for the first time in France, here is a list of the documents required for your enrollment:

- Admission certification from your host department
- Passport photo
- A photocopy of your valid I.D. card or passport
- Valid residence permit or visa
- Social security:
 - > EU citizens: valid copy of proof of cover (EHIC - European Health Insurance Card)
 - > Other students: documentary proof of membership of the student social security scheme CVEC (the welcome officers will help you acquire this document upon arrival).

- Scholarship: documentary proof of scholarship awarded and where applicable, proof of scholarship awarded covering the cost of enrollment (holder of a scholarship from the French government, holder of a scholarship based on social criteria, etc.)
- Latest diploma: original of the diploma with a legible certified copy in French or English. A specific validation procedure for foreign documents and diplomas is a prerequisite for the administrative enrollment of students without a French diploma. In this case, the original diploma and a translated and certified version of the diploma obtained will be requested. This procedure does not concern exchange students.

For certificates at the beginning and end of the study period, exchange students will request a certificate of study from the host department or laboratory. Based on this certificate, the International Relations Department (SRI) will provide the end-of-study certificate. For further information, please contact the SRI.

Acronyms

BDE	Bureau des élèves (students' office)
BDS	Bureau des sports (sports office)
CAF	Caisse d'allocations familiales (family allowance fund)
CIREFE	Centre international rennais d'études de français pour étrangers (Rennes International Centre of French Studies for Foreigners)
CMI	Centre de mobilité internationale (Centre for International Mobility)
CMU	Couverture maladie universelle (universal health cover system)
CPAM	Caisse primaire d'assurance maladie (national health insurance office)
CRIJ	Centre Régional Information Jeunesse (regional youth information centre)
CROUS	Centre régional des œuvres universitaires et scolaires (regional student welfare office)
EDF	Électricité de France (French state-owned electricity company)
FFSU	Fédération française du sport universitaire (French Federation of University Sport)
FLE	Français langue étrangère (French as a foreign language)
GDF	Gaz de France (French gas company)
MIR	Maison internationale de Rennes (group of Rennes-based international associations)
OFIG	Office français de l'immigration et de l'intégration (French Office for Immigration and Integration)
SMEBA, LMDE	Sécurité sociale étudiante (student social security management centres)
SRI	Service des relations internationales (International Relations Department)
UE	Union européenne (European Union)
VLSTS	Visa long séjour valant titre de séjour (long-stay visa equivalent to a residence permit)

> Course enrollment

Enrollment is possible after clarification of status, training and level with the host department. Course enrollment for the various teaching courses (programme and teaching units in particular) is carried out at the department to which the training programme is administratively connected.

CONTACT

Student Welfare Office (Service Sclarité)
Tel. : +33 (0)2 99 05 93 20
Email : sclarity@ens-rennes.fr

> Foreign PhD students

After finding their Doctoral School and a host laboratory, PhD students must fill in an enrollment form at ENS Rennes. You can obtain this from Élodie Lequoc, at the secretariat of the doctoral training programme.

In this form, students must provide their personal information, host laboratory name and the subject of the thesis.

The list of documents to be provided is as follows:

- the recommendation of the Head of the Doctoral School
- a copy of the Master's Degree or equivalent
- the UBL PhD charter (to be signed by the PhD student, the thesis supervisor, the Head of the Doctoral School and the Head of the Research Unit)

The administrative enrollment must then be completed with the payment of tuition fees and the choice of student social security scheme (see page 10), at the student welfare office.

After your enrollment and payment of fees, you will receive approval from the President by email.

Then, you must send proof of your enrollment to the Doctoral school (proof of enrollment, copy of your student card, documentary proof of payment of tuition fees) and your registration will be definitively validated at the Doctoral School.

CONTACTS

Head: Karine Beauchard,
Delegate for Doctoral Training

Élodie Le Quoc,
Department Assistant
Tel. : +33 (0)2 99 05 93 43
Email : elodie.lequoc@ens-rennes.fr



Conditions and administrative procedures for your stay in France

There are three possible cases:

> Students from the European Union and the European Economic Area

To pursue your studies in France, you do not require a residence permit.

> Non-EU students

A student visa for newcomers is available in the consulates: this is a long-stay visa equivalent to a residence permit (VLSTS), valid for one year.

Within three months of your arrival in France, if you have a VLSTS, you must validate this visa at the French Office for Immigration and Integration (OFII). To do this, as soon as you arrive in France, you must complete the form entitled "demande d'attestation OFII" (application for OFII certificate) bearing the consulate seal and that is delivered to you with your visa, and post it to the following address (with acknowledgement of receipt) to the Direction Territoriale de l'OFII d'Ille et Vilaine, 110, rue de Vern, 35000 Rennes.

To download the form: www.diplomatie.gouv.fr/es/IMG/pdf/LS-01d_formulaire_ofii.pdf

The Centre for International Mobility (CMI) can help you with these procedures by directly transferring your request to the OFII, if you go to the 'start of term desk' (guichet de rentrée) from September to November (5, boulevard Laënnec, 35000

Rennes). This help desk is a special feature created by the CMI to help foreign students arriving in Rennes with their administrative procedures.

Then, the OFII will send you a confirmation of receipt of the validation request, and you will be asked to attend a medical examination. You will have to pay a charge for the medical examination in revenue stamps. It is possible to purchase these on line: www.timbresofii.fr

The medical examination comprises a general clinical examination, an x-ray of the lungs and a vaccination check.

OFII Address: 8, rue Julien Lemordant, 35000 Rennes

Furthermore, if you do not have a VLSTS, you must request a residence permit.

Documents required:

- Application for OFII certificate issued by the consulate, to be filled in
- Passport (+ photocopy of the following pages: identity, date of expiry, D visa, entry stamp on entering France)
- OFII revenue stamp (to be given to the prefecture after the medical examination)

The documents required will vary according to your situation:

Student:

- Passport (+ photocopy of the following pages: identity, date of expiry, 'student' C visa)
- 3 official passport photos
- Proof of address:
 - > Private accommodation:
 - Rental agreement
 - Home insurance contract issued within the last three months
 - Bill issued within the last three months (water, electricity bill, etc.)
 - > Accommodation in a student residence:
 - confirmation from the residence issued within the last three months
 - > Lodgings:
 - Proof of lodging signed by the host
 - Bill from the host issued within the last three months
 - Photocopy of the host's identity card
- Birth certificate (copy of the original + approved translation, except for English, Spanish and Portuguese documents)
- Proof of financial resources (bank statement, proof of scholarship, proof of monthly transfers).
- Student card for the current academic year
- Stamped, self-addressed envelope
- OFII revenue stamp (to be given to the prefecture after the medical examination)

PhD student and scientific researcher:

- Passport (+ photocopy of the following pages: identity, date of expiry, 'long-stay' D visa)
- 3 official passport photos
- Proof of address:
 - > Private accommodation:
 - Rental agreement
 - Home insurance contract issued within the last three months
 - Bill issued within the last three months (water, electricity bill, etc.)
 - > Accommodation in a student residence:
 - confirmation from the residence issued within the last three months
 - > Lodgings:
 - Proof of lodging signed by the host
 - Bill from the host issued within the last three months
 - Photocopy of the host's identity card
- Birth certificate (copy of the original + approved translation, except for English, Spanish and Portuguese documents)
- Marriage certificate if necessary (copy of the original + approved translation, except for English, Spanish and Portuguese documents)
- Letter requesting residence permit (example available on CMI website: mobilite-rennes.ueb.eu, heading "chercheurs et doctorants internationaux" (international PhD student or researcher), "préparer son dossier" (practical information sheets))
- Hosting agreement (signed by the host establishment and the prefecture. Indicate the amount received)
- Stamped, self-addressed envelope
- OFII revenue stamp (to be given to the prefecture after the medical examination)

> Algerian students:

Algerian nationals must request a residence permit from the prefecture for studies of over three months. The period of validity of this temporary residence permit is limited to that of the passport and it cannot exceed the duration of the studies. The permit is valid for one year, but may be renewed.

The 'start of term desk' at the CMI can help you to prepare the application in order to obtain the residence permit. For this, you must make an appointment via the CMI website (<https://cmirennnes.u-bretagne.fr/>). PhD students will be received throughout the year, even outside the start of term period.

You must make an appointment

- > by telephone +33 (0)2 57 87 02 02
- > or by email : cmirennnes@u-bretagne.fr

The following documents are required to prepare the residence permit application :

- Information related to civil status (passport + photocopies of the pages relative to personal information and the date of expiry; birth certificate)
- A valid passport
- The medical certificate issued by the OFII (see above)
- Proof of address (electricity bill, rent receipt, etc.)
- Proof of pre-enrollment or enrollment in a French educational establishment
- 3 official passport photos
- Proof of financial resources necessary to cover the cost of the stay
- Pending examination of the application, the claimant receives a receipt.

RENEWAL OF THE RESIDENCE PERMIT

To renew your residence permit, you must contact the CMI in Rennes at least two months before the date of expiry of your current permit.

Social Security Cover

Students admitted to a French institution of higher education for the 2018 academic year are subject to a new fee known as the CVEC, which helps to finance on-campus programs that enhance the student experience. Here is everything you need to know about this new annual fee (€90 for academic year 2018/19). Social security cover during your stay in France is compulsory. Whatever the length of your stay or your status, you must be protected by adequate social security cover, depending on your situation.

For more information:

<https://www.campusfrance.org/en/10-things-you-need-to-know-about-the-new-student-and-campus-life-contribution-cvec-0>

> Complementary health insurance

As basic student social security cover in France does not cover the totality of healthcare costs, it is strongly recommended to take out complementary health insurance.

More information upon arrival.

Accommodation

The regional student welfare office (CROUS), located at number 7, place Hoche, in Rennes, provides various real estate properties to let. Based on your choice, your finances and what is available, several types of accommodation are available for rent in three main sites in Rennes:

> Beaulieu Campus

Avenue du Professeur Foulon – 35700 Rennes

Residence of 614 renovated rooms and 850 traditional rooms.

The renovated rooms are equipped with a fridge, a toilet and shower in the room. In the more traditional rooms, the toilets are shared.

> Villejean Campus

2, rue d'Alsace – 35000 Rennes

Residence comprising 300 studios of 20 m² and 30 m², and 920 renovated rooms of 9 m².

The studios are furnished with a kitchenette, TV socket, telephone and Wifi. The renovated rooms are equipped with a fridge, and have a toilet and shower.

> Rennes Centre

94, boulevard de Sévigné - 35700 Rennes

Residence comprising 109 renovated studios of 20 m² and 30 m², and 136 renovated rooms.

All the 1-bedroom apartments are furnished and have a kitchenette, TV socket, telephone and Wifi. The renovated rooms are equipped with a fridge and have a toilet and a shower. They give entitlement to the housing allowance.



On-campus accommodation is also available. There are six residences in Ker Lann.

> Ker Lann Campus

• Louis de Broglie

250 fully equipped studios and shared lodgings. Reception and support teams, secured access, Internet connection, bicycle shed, car park, laundry, TV room and newspapers, sports hall, day and night watchman.

Tel.: +33(0)2 99 05 84 01

Email: residence.contact@ecam-rennes.fr

• Les Jardins de Ker Lann

192 unfurnished lodgings, from studios to one-bedroom duplex apartments. Equipped kitchenette, watchman, Internet access.

Tel.: +33(0)2 99 30 82 18

Email: dlj.gestion@wanadoo.fr

• Club Campus

117 unfurnished lodgings, from studios of 30 m² to duplex apartments. Equipped kitchenette, bicycle park, computer cabling.

Tel.: +33(0)2 99 35 53 53

• Léonard de Vinci

107 furnished studios

In-house steward, equipped kitchenette, cafeteria with television, lift, laundry, bicycle park, interphone, linen supply service, housekeeping.

Tel.: +33(0)6 60 84 83 13

Email: studhotel@foncia.fr

• Bérénice

154 furnished lodgings, with the "Confort Plus" label offering greater comfort.

Studios, several of 20 m² and 30 m² and some duplex apartments, in-house manager, computer cabling, equipped kitchenette, multipurpose hall, bicycle shed, laundry.

Tel.: +33(0)2 99 57 14 67

Email: etudiants-berenice@espacil.com

• Univercity

210 furnished studios (from 18 to 35 m²), short-, medium- and long-term stays.

Wifi, TV, collective and equipped kitchens, common room, bicycle park, housekeeping service.

Tel.: +33 (0)2 99 05 92 07

Email: nathalie.drouet@arpej.fr

Custom-built studios for people with disabilities are also provided in some student residences.

You will be requested to pay one month's rent in advance to obtain the keys to your room or apartment. This amount will be returned to you at the end of your stay, within two months of your departure, if no damage has occurred to your room.

Rental insurance is compulsory before entering the premises. In CROUS accommodation, you do not pay the housing tax. N.B. The CROUS no longer provides bed linen.

This type of accommodation also gives entitlement to the housing allowance from the CAF (see below).

Website of the Rennes CROUS : www.crous-rennes.fr

Foreign students who arrive at ENS Rennes have access to traditional or renovated rooms that have been pre-reserved with the CROUS. Contact the SRI for further information or to make a reservation.

> Procedures

- **Rental insurance**

Minimum insurance (fire, water damage, civil liability) is compulsory for all tenants renting in France, including for rentals of less than one year.

In addition, you can insure objects of value (laptop computer, personal belongings, etc.), by taking out a slightly more expensive insurance policy. During university open days at the start of term, insurance companies are present on the campus to enable you to take out on-the-spot rental insurance.

Students can take out rental insurance with agencies such as SMEBA or LMDE or directly with their bank

For further information, visit

www.lmde.fr or www.smeba.fr.

Students who have requested an extension of their private insurance from their country of origin can take out rental insurance with the bank in which they opened their French bank account.

- **Guarantor**

When you rent accommodation, either privately or in a student residence, there is a system known as 'guarantor' ('garant' in French). This person, who co-signs the rental agreement, commits to settling the amount of rent due to the lessor if you are unable to do so. The guarantor must reside in France and be credit-worthy.

This system does not apply to room reservations in student halls as part of the ENS Rennes/CROUS contract.

- **Housing assistance**

In relation to your situation and your financial resources, you may benefit from housing assistance managed by the family allowance fund (CAF).

To receive this aid, you must complete the application form for housing assistance, available on the CAF website:

www.caf.fr/ma-caf/caf-d-ille-et-vilaine

A guide is also available under the heading 'international': www.caf.fr/international



Transport

> In Rennes

The city of Rennes provides a public transport service (bus, metro and bicycles) accessible to all and extending to 43 towns in the greater Rennes area.

For long stays, it is preferable to take a Korrigo subscription, which is available in all STAR offices (list below). The card itself is free and the monthly rates are approximately as follows (sliding scale rates in relation to the subscription period) *these prices are an indication and may have been susceptible to increase since the publishing of this guide.

- Under 20: €27.50 the first month
- 20 to 26: €31 the first month
- Over 26: €47.40 the first month

It is also possible to purchase a one-hour ticket for €1.50 which is valid in the bus and metro. Booklets of 10 tickets are also available, these cost €13.70.

Getting to the campus: bus 57 or KL express, departing from République, at the 'Schuman' stop.

To download the timetable: www.star.fr/fileadmin/documents/PDF/horaires/suburbaines/Bruz.pdf

Rennes Métropole also provides a bicycle service known as 'Vélo STAR'. This is a public bike share system, with 83 stations and 900 bicycles. It is possible to subscribe for a day, a month or a year.

> In Brittany

It is also possible to move around by train. The French railway company, SNCF, provides services from Rennes to the rest of Brittany, and also to the rest of France. For trips within Brittany, you can load your train ticket directly onto your Korrigo card.

The rates of TER trains (regional express trains) within Brittany are as follows for persons under 26:

- €8 for a trip under 150 km (and over 70 km),
- €15 for a trip over 150 km.

Getting to the campus: Rennes-Redon line, 'Ker Lann' station. Rate: €2.60 (approx.).

For further information visit the website TER Bretagne: www.ter.sncf.com/bretagne

Other rates (TGV and outside Brittany) vary and are available on the SNCF website: www.voyages-sncf.com

A cheaper alternative to the traditional means of transport is car pooling. This practise is common in Brittany. You can find ads on this website: www.covoiturage.fr



« Métro Villejean-2 » par Electzik - via Wikimedia Commons

List of STAR offices in Rennes :

- Pré Botté office, 12, rue du Pré Botté,
- Villejean office, Villejean Université metro station,
- Henri Fréville office, Henri Fréville metro station,
- Ticket machines in all metro stations,
- Espace Korrigo, main hall of the railway station (information and Korrigo after-sales service).



« Landes et rochers de Ploumanach panorama 3 » par Christophe Marcheux - via Wikimedia Commons

Bank account

During your stay in France, you will have to open a bank account to make transfers from abroad, lodge money, receive reimbursement for medical expenses, receive your CAF benefit, or the payment of your scholarship.

All foreigners residing in France for at least three months can open a resident's bank account entitling them to a cheque book and a cash withdrawal and/or payment card.

N.B. foreign students must have minimum monthly resources of €615. These resources are verified by the prefecture if a residence permit is requested.

To open a bank account, the following documents are required:

- proof of identification (passport, visa, residence permit, etc.),
- proof of address (electricity or telephone bill, rent receipt, etc.),
- proof of enrollment or a student card,
- documents justifying your monthly income.

Internet and email

All students enrolled at ENS Rennes have free access to computer rooms during the opening hours of the school. From the moment of enrollment, students receive a computer account and an ENS Rennes e-mail address.

Telephone

During your stay in France, you will more than likely need to communicate with your country of origin. Several solutions are available:

You can use your mobile phone in France, provided that it is unlocked so that you can use a SIM card from a French operator. In this case, you can apply for a telephone subscription (N.B. subscriptions are often for a two-year period), or purchase a pre-paid card. The main operators propose special rates for foreign calls. Their websites are as follows: www.orange.fr, www.sfr.fr, bouyguestelecom.fr.

If you do not have an unlocked phone, you can purchase a basic mobile phone with a pre-paid card for approximately €30.

At the following address you will find all the dial codes per country, allowing you to phone abroad from France : www.indicatifs-telephoniques.net

French classes

It is essential to have a good level of French to be able to follow the courses at the École Normale Supérieure de Rennes: level B2 of the CEFR (Common European Framework of Reference for Languages) is required for every incoming foreign student.

If your application file is excellent but your French level is weak, ENS Rennes organises a summer school offering French language classes.

The Centre for International Mobility (CMI) of Rennes, in partnership with the Rennes International Centre of French Studies for Foreigners (CIREFE), provides French language classes for international researchers and PhD students.

To determine the level of the participants and divide them into several groups, an evaluation test is given at the CIREFE.

Based on the results, the participants join the various regular CIREFE classes.



The sessions take place as follows:

44 hours of class for each group, spread over 11 weeks with 4 hours of class per week.

The classes take place twice weekly, from Monday to Thursday from 6:15 pm to 8:15 pm in the CIREFE premises (Villejean campus).

Contact SRI For further information : sri@ens-rennes.fr.

LIENS

CIREFE website: sites.univ-rennes2.fr/cirefe

CMI website: <https://cmirennnes.u-bretagne-normandie.fr/>

Libraries

> At ENS Rennes

The mission of the library at ENS Rennes is to compile, manage and store the documentation of the school and to make it accessible to various publics: students, teachers, researchers, personnel and external users.

It provides multi-disciplinary scientific collections, but more particularly it covers the various disciplines taught in the five departments. The library has a collection of 20,000 publications and 110 periodicals.

You can consult the documentary resources using your user identification at the following address: bibliopac.ens-rennes.fr

The library is also an ideal workspace for the students at ENS Rennes. Seating is available for over one hundred people, and four rooms for group work are available to students as well as four computer stations. A photocopier is also publicly available, and you can purchase a photocopy card at the administration office.

Opening times :

- From Monday to Thursday:
 - > 8:30 am-12:00 pm
 - > 1:00 pm-10:00 pm
- Friday:
 - > 8:30 am-12:00 pm
 - > 1:00 pm-6:00 pm

Access from 7:00 pm to 10:00 pm is reserved for ENS students only.

During the school holidays, the library closes at 6:00 pm.

CONTACT

Tel.: +33 (0)2 99 05 55 05
Email: bib@ens-rennes.fr
Website: biblio.ens-rennes.fr



> University libraries

The universities of Rennes 1 and Rennes 2 have university libraries (bibliothèques universitaires - BU), accessible to all students.

Three libraries make up the network of the University of Rennes 1:

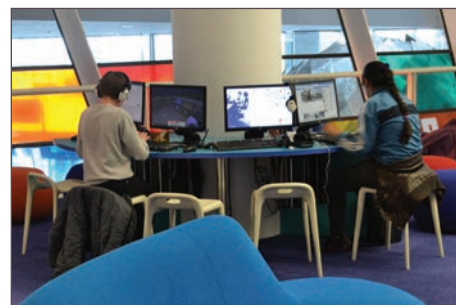
- Bibliothèque Droit-Économie-Gestion (law, economics, management)
7, place Hoche - 35000 Rennes,
- Bibliothèque Santé (health)
13, avenue du Professeur Bernard - 35000 Rennes (Campus Villejean),
- Bibliothèque Sciences et Philosophie (science and philosophy)
18, avenue Charles Foulon - 35700 Rennes (Campus Beaulieu).
- The University of Rennes 2 has a central library, comprising almost 800,000 publications. This library focuses on domains such as languages, human and social sciences, sports and art.
Place du recteur Henri le Moal, 35000 Rennes.



> In town : The Champs Libres

This space, situated in the heart of Rennes, regroups the Musée de Bretagne, Espace des sciences and the library. This establishment provides a multitude of publications on various themes and is open to the public.

Website: www.bibliotheque-rennesmetropole.fr



Student associations at ENS Rennes

With approximately 500 students enrolled, ENS Rennes is a teaching establishment on a human scale. In recent years, the school has enjoyed a very dynamic student life in which all the departments have become involved, based on projects run by the students' office (BDE) and its various clubs: music, theatre, musicals, dance, board games and cooking groups being at the forefront. The sports office also proposes an array of various activities.

> Students' office (bureau des élèves) of ENS Rennes

Throughout the year, the Student Union Association proposes a multitude of activities clubbing together all students from all departments, for example: freshman integration week, parties and a week skiing, etc.

The students' office also proposes a multitude of clubs: music, dance, photography, cinema, opera, improvisation, oenology, gastronomy, board games, video games, poker, hikes, junior enterprise, legal culture, Ker Lann newspaper, raising awareness of disabilities, etc.

www.bde.ens-rennes.fr



> EntretiENS

EntretiENS is a club created by ENS Rennes, in 2013. Its mission is to organise conferences within the school given by outside participants. The goal is therefore to encourage interdisciplinary encounters, to promote the exchange of ideas and debates and satisfy the intellectual curiosity of ENS students and that of the audience of these conferences. They are unrestricted, free and open to all: students, lecturers, retired persons, members of associations, citizens interested in the event, etc.

www.entretiens.wix.com/entretiens





> Sports Office (Bureau des Sports) of ENS Rennes

The sports office is an association that encourages and organises the practice of optional physical and sporting activities, for both students and staff of ENS Rennes. The management board, stemming from the governing body, comprises a physical and sports education teacher and students who are members of the French Federation of University Sports (FFSU).

The sports office has three divisions:

- The coaching division, which organises and coaches various sports activities,
- The FFSU division, which proposes trips for inter-university competitions,
- The events division, which allows the various departments to meet as part of activities organised by the sports office.

Several not-to-be-missed events are organised by the sports office throughout the year:

- The Inter-ENS: This is an intense sporting competition between the students of the various ENS schools, but also the biggest festive event of the year,
- The EDHEC cruise race: 160 schools gather for a competition that takes place on sea, land and sand. Some 3,000 students meet to practice sport, but also to party...

CONTACT

Email : bds@ens-rennes.fr

Associations for foreigners in Rennes

> Erasmus Student Network (ESN) Rennes

Since its creation, ESN Rennes has managed to become one of the main Rennes associations for the integration of international students in the youngest town in Brittany. But the association's activities go much further. In order to enable these temporary French people to discover other places in France, ESN Rennes also organises several trips and visits throughout the year.

Further information is available on the ESN website:
www.rennes.ixesn.fr

> Associations par pays

- **Association Rennes Chine (Rennes-China Association):** This association is devoted to developing knowledge about China, its culture, language and current affairs.
www.rennes-chine.fr
- **Association Confucius :** Its goal is to promote Chinese culture and language, by associating Chinese and foreign partners.
confucius-bretagne.org
- **Institut Franco-Américain (Franco-American Institute):** The institute proposes an Anglophone library, regular conferences, encounters with writers, exhibitions, concerts, etc.
www.ifa-rennes.org
- **Centre Franco-Allemand (Franco-German Centre):** This association proposes German classes, but also cultural events, such as conferences or exhibitions.
www.centre-franco-allemand.com
- **La Maison Internationale de Rennes – MIR (International House of Rennes) :** can help you find the international association that interests you, from among its one hundred member associations.
www.mir-rennes.fr



Leisure activities

The city of Rennes provides a multitude of leisure activities which include:

> Entertainment venues:

- **Théâtre National de Bretagne**
European Centre for Theatrical and Choreographic Production
Address : 1, rue Saint-Hélier
35000 Rennes
Tel.: +33 (0)2 99 31 12 31
Website : www.t-n-b.fr
- **Le Liberté / l'Étage**
Shows, events
Address : Esplanade du Général de Gaulle
35000 Rennes
Tel.: +33 (0)2 99 85 84 84
Website : www.leliberte.fr



« Le Liberté-Rennes-2010 » par JeanRuche via Wikimedia Commons

> Les Champs Libres cultural centre

Comprising the Musée de Bretagne, Espace des Sciences and its planetarium, the city library and temporary exhibition halls, the Champs Libres is a major centre for culture and tourism in Rennes and the greater Rennes area.

Address : 10, cours des Alliés,
35000 Rennes
Website : www.leschampslibres.fr

> Bréquigny swimming pool

This swimming complex has a diving tank and two pools (50x21 m and 25x10 m).

Address : 10, boulevard Albert 1^{er},
35000 Rennes
Tel.: +33 (0)2 23 62 27 30

> Le Blizz ice skating rink

Here you can find an olympic-sized rink of 60x30 m and a family rink of 52x20 m.

Address : 8, avenue des Gayeulles,
35000 Rennes
Tel.: +33 (0)2 99 36 28 10
Website : www.leblizz.com

> Tree-top adventure courses

At the recreational park of Les Gayeulles, in Rennes, Forêt Adrenaline proposes tree-top adventure courses based on fun activities and enigmas focusing on the theme of local biodiversity.

Address : rue du Professeur Audin,
35000 Rennes
Tel.: +33 (0)2 90 84 00 20
Website : www.foretadrenaline.com



« Chemin jardin botanique Thabor » par Caroline Léna Becker - via Wikimedia Commons

Practical information

> Centre of International Mobility (CMI)

A key address for all foreign students and researchers arriving in Rennes, the CMI will help you with your visa application and offers language classes, but above all it provides you with all the key information you need to settle in Rennes.

Address: Cité internationale Paul Ricoeur
1 place Paul Ricœur, 35000 Rennes
Website: <https://cmirennes.u-bretagne.fr/>

> The Regional Youth Information Centre (CRIJ)

The CRIJ is a centre dedicated to providing anonymous and free information to young people. All topics can be broached: studies, professions, employment, accommodation, health, leisure, holidays and international mobility.

Other services are also available to the public. These include a multimedia space, a discussion area where young people can voice their concerns, meetings and information forums.

The CRIJ also organises events throughout the year: Tam-Tam festival, Dazibao, Quartiers d'été festival, fête de la musique, etc.

Address: 4 bis, cours des Alliés, 35000 Rennes
Website: www.crij-bretagne.com

> French Office for Immigration and Integration (OFII)

Created in 2009, the OFII is the only State operator in charge of legal immigration. For all formalities concerning visas and residence permits, you need to contact the OFII.

Address : 8, rue Julien Lemordant - 35000 Rennes
Tel.: +33 (0)2 99 22 98 60
Email: rennes@ofii.fr

> The Maison Internationale de Rennes (MIR)

The MIR provides information on events of an international nature in the greater Rennes area and organizes events to discover international current affairs. Its partners include associations, institutions, local authorities, State services, the European Union, universities and research laboratories.

Address : 7, quai Chateaubriand - 35000 Rennes
Tel.: +33 (0)2 99 78 22 66
Website : mir-rennes.fr



« Rennes place de la République DSC 4521 » par Pline - via Wikimedia Commons

Life at Ker Lann campus

Inaugurated just over 20 years ago, Ker Lann campus brings together higher education institutions, a faculty of trades, vocational training schools and innovative companies, all within its 165-hectare wooded grounds on the outskirts of Rennes.

Below you can find some information that will help you to find your bearings on the campus.

> Restaurants

Students at ENS have access to all university restaurants (RU) managed by the CROUS of Rennes. Ker Lann university restaurant is situated at Contour Antoine de Saint Exupéry:

- Self-service restaurant: Monday to Friday from 11:30 am to 1:30 pm – 500 seats.
- Cafeteria: Monday to Friday from 11:30 am to 2:30 pm – 170 seats.
- Sale of cards: Monday to Friday from 11:30 am to 1:15 pm

Tel: +33 (0)2 99 05 06 30

Email: ru.bruz@crous-rennes.fr

In addition, the brasserie “Le Forum” is open to all, Monday to Friday from 8:30 am to 9:00 pm. It has 40 seats on the ground floor (bar, brasserie, pizzeria), and 120 seats upstairs (restaurant).

> Sports equipment

It is possible to practise various sports activities on Ker Lann campus:

- 1 multipurpose sports hall: badminton, basketball, team handball, volleyball,
- 1 hall with 2 indoor tennis courts; this is also a multipurpose sports hall (badminton, volleyball, basketball, table tennis), open from 8:00 am to 6:00 pm from Monday to Friday,
- 1 grass football/rugby pitch,
- 1 athletics track,
- 2 outdoor tennis courts.

In addition, sandy paths border the entire campus, providing a pleasant trail for joggers or walkers.

> Ker Lann Students' Association (ADEK)

This association is for all students living on campus, i.e. those of the 17 schools present on the site and the inhabitants of student residences. The association, which is made up of students from the various schools, aims to bring life to the campus through different projects, by bringing students together around various topics with which everyone can identify.

Facebook : ADEK Campus Ker Lann

Email : adek35@gmail.com

Useful addresses and numbers of nearby services

> Emergency numbers :

- European emergency number: 112
- SAMU (emergency medical assistance service): 15
- Police: 17
- Fire brigade: 18
- SOS doctors: +33 (0)2 99 53 06 06 or 36 24
- On-duty pharmacists: +33 (0)2 23 45 04 04

> General Practitioners :

- **Bruz :**
Cabinet médical
10, avenue Jules Tricault
35170 BRUZ
+33 (0)2 99 52 61 01
- **Rennes :**
Pierre Le Gal
46, boulevard de Cleunay
35000 RENNES
+33 (0)2 23 40 81 81

> Dentist :

Étienne Mayol
60, mail François Mitterrand
35000 RENNES
+33 (0)2 99 59 44 00

> Hospital :

CHU de Rennes
16, boulevard de Bulgarie
35033 RENNES
+33 (0)2 99 28 43 21

> Pharmacies

- **St. Jacques:**
Pharmacie de l'aéroport
6, place Jules Vallès
35136 Saint Jacques De La Lande
+33 (0)2 99 52 61 08
- **Bruz :**
Pharmacie Rousseau
4, avenue Jules Tricault
35170 Bruz
+33 (0)2 99 52 61 08

> Supermarket

Petrol service station:

Intermarché
Centre commercial Cap Vert
Avenue d'Ouessant
35170 Bruz
+33 (0)2 99 05 04 10

> Bank/ATM :

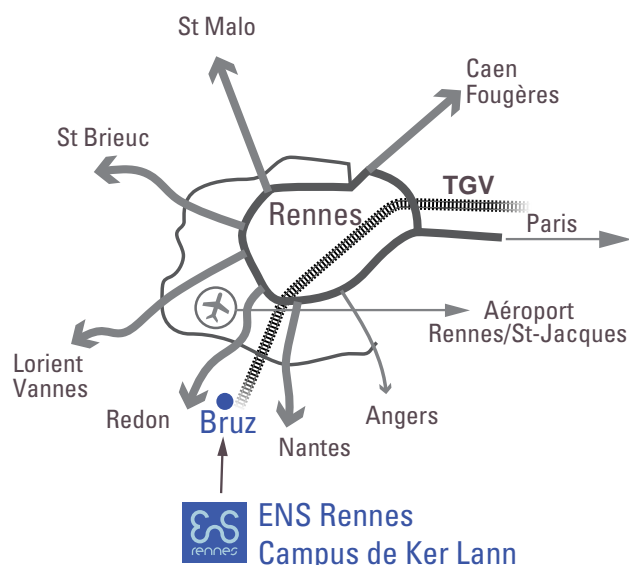
Société Générale
Contour Antoine de Saint-Exupéry
Campus de Ker Lann
35170 BRUZ

> Post office :

- **Bruz :**
4, place Marcel Pagnol
35170 BRUZ
3631 (normal rate)
- **Rennes :**
33 bis, rue Jules Lallemant
35000 RENNES
3631 (normal rate)

> Town Halls

- **Bruz :**
Hôtel de Ville
Place du Docteur Joly
BP 77109
35171 BRUZ Cedex
+33 (0)2 99 05 86 86
- **Rennes :**
Hôtel de ville
CS 63126
35031 Rennes Cedex
+33 (0)2 23 62 10 10



For further information, visit the website :
www.campuskerlann.com/categorie/services/se-deplacer

When you arrive at the school, go directly to the International Relations Department to be welcomed and informed of the various administrative and other procedures.

CONTACT

École normale supérieure de Rennes

International Relations Department
 Head : Deborah France-Piquet
 Office RO52
 Tel. : +33 (0)2 99 05 93 00
 Fax : +33 (0)2 99 05 93 29
 Email : sri@ens-rennes.fr

www.ens-rennes.fr

Getting to ENS Rennes

Ker Lann campus, which is situated close to Rennes, has the advantages of both town and country living.

> If you are travelling by plane to :

- Rennes airport :

The campus is situated just 5 minutes from Rennes Saint-Jacques airport. On leaving the airport, turn left, continue straight ahead for 500 m. Take bus number 57, direction 'Bruz' to go to the campus or direction 'Rennes République' to go to the centre of Rennes.

The stop for ENS Rennes is Robert Schuman.

- Nantes airport :

Nantes airport is 70 minutes from campus. You have to take a shuttle bus from the airport to the train station (there is a shuttle bus every 20 minutes, price: €7.50). Take the train direction Rennes. When you arrive in Rennes, take the metro direction 'Poterie', exit at 'République'.

Take bus 57, rue du Pré Botté.

> If you are travelling by high speed train (TGV) :

From Paris, take the TGV at Montparnasse station, direction Rennes. When you arrive at Rennes, you have two options:

- you can take the train direction 'Redon' and get off at 'Ker Lann' station
- or you can take the metro direction 'Poterie', exit at 'République' and take bus 57, rue du Pré Botté.

It is less than 10 minutes by train from the TGV station to the campus.

> If you are travelling by car :

The dual carriageway from the city centre of Rennes allows fast and simple access in 20 minutes. Take direction Nantes, exit 'Chartres de Bretagne', go straight to 'Ker Lann' roundabout, take the exit 'Campus de Ker Lann'. Go straight as far as Avenue Robert Schuman.

> If you are travelling by bus :

Line 57, direction 'Bruz'. The bus connects Ker Lann to Rennes city centre in just 25 minutes. There is also the Ker Lann Express, which links Rennes city centre directly with the campus. It has very few stops and is 5 to 10 minutes faster than the standard bus.

The ticket costs €1.50 and is valid for one hour for both bus and metro.